

JUNE/21/2022



Ripples June '22

WORLD YOGA DAY



**YOGA SHOULD NOT BE JUST
AN EXERCISE BUT A MEANS
TO CONNECT WITH THE
WORLD AND WITH NATURE.
IT SHOULD BRING A CHANGE
IN OUR LIFESTYLE AND
CREATE AN AWARENESS
WITHIN US.**

**SHIKSHA ORGANISED AN
EVENT ON THE
INTERNATIONAL YOGA DAY
ON THE 21ST JUNE TO
SPREAD AWARENESS
ABOUT THE IMPORTANCE
OF HOLISTIC HEALTH AND
THE BENEFITS OF YOGA.**

WORLD ENVIRONMENT



OUR SCHOOL'S VICE CHAMPION

Various competitions and activities were conducted on account of environment day celebrations. The events brought out innovative ideas from students and also helped them empathise with the world's growing environmental crisis.

Additionally, working together to bring their teams to victory taught our kids team work, work distribution and leadership skills. In a nutshell the events were jam packed with loads of fun and learning opportunities.



**THE ENVIRONMENT
IS CHANGING AND
WE DEPEND ON IT
AS IT PROVIDES US
WITH FOOD, WATER
AND AIR WHICH
ARE ALL THE
ESSENTIALS.**

ENVIRONMENT

Monday, 5 June

**SHIKSHA'S STUDENTS ARE
CHISELED TO BE
CREATIVE . WE TAKE EVERY
OPPORTUNITY TO PIT THEIR
CREATIVE ABILITIES TO TEST.**

**STUDENTS
OF GRADES 6TH TO 9TH TOOK
PART IN PRESENTING THEIR
INGENIOUS CREATIONS FOR THE
"BEST
OUT OF WASTE" EVENT**

**WHILE CHALLENGING THE
STUDENTS TO THINK OUT
OF THE BOX, STUDENTS
WERE ALSO MADE TO
APPRECIATE THE BEAUTY
OF RECYCLING AND SMART
ACTIONS.**



ENVIRONMENT

Monday, 5 June



cycle rally

THIS YEAR'S THEME "ONLY ONE EARTH" CALLS FOR A TRANSFORMATIVE CHANGE OF OUR CHOICES TO ENABLE, GREENER AND SUSTAINABLE ENVIRONMENT.

ACTUALISING, LIVING IN HARMONY WITH NATURE .



THIS ENVIRONMENT DAY, SHIKSHA HAD ORGANIZED A CYCLING RALLY ON 5TH OF JUNE 2022 AROUND THE NEIGHBOURHOOD TO CREATE A BETTER CONSENSUS ON PROMOTING SUSTAINABLE AND RESPONSIBLE CITIZENS. THE GOAL WAS TO SPREAD AWARENESS ON OUR CHOICES AS INDIVIDUALS AND TAKE RESPONSIBLE ACTIONS TOWARDS THE IMMINENT THREAT TO OUR ENVIRONMENT.



CLASSROOM NEWS

PLAY-GROUP



PIMK TOWER ACTIVITY

**CLASSROOM ACTIVITIES
MAKE LEARNING FUN AND
ENGAGING FOR STUDENTS!**

ENAGAGES STUDENT'S
COMMUNICATION AND
ANALYTICAL SKILLS



PLAY GROUP

WHAT'S ON HAND PRINTS IN PRESCHOOL

PALM PRINTING IS AN
ACTIVITY OUR LITTLE ONES
FIND EXHILARATING AS
THEY PLAY WITH
COLOURS.

WITH THE HELP OF OUR
TEACHERS, CHILDREN
FROM KINDERGARTEN
STAMPED THEIR PALMS

IN THE CLASSROOM

STRAWS CAN BE USED FOR
A VARIETY OF FUN AND
EDUCATIONAL ACTIVITIES.

STRAW ACTIVITIES ALLOW
YOUNGER CHILDREN IN
DEVELOPING THEIR FINE
MOTOR SKILLS WHILE
HAVING THE ATMOST FUN!



PALM PRINT



STRAW PRINT



LKG FUN ACTIVITIES

FATHER'S DAY

A Father's love is unconditional. He loves, cares and struggles hard to make our days better and brighter. Everything he does for us is what only a super hero can do. Yes, we in Shiksha gave a chance for fathers to show their love towards children.



MY
HERO



LKG FUN ACTIVITIES

● RED DAY ●

All About IT

Recognizing the colors and identifying the color names is an important part of a child's development. Early identification of colors helps create a cognitive link between visual clues and words



ART, CRAFT AND GAMES

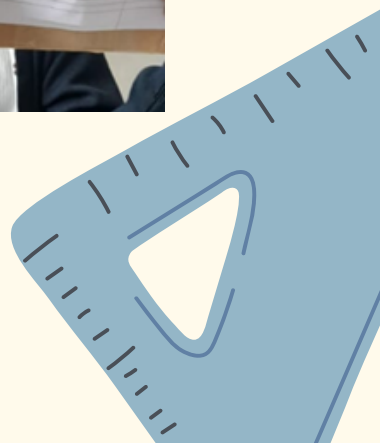
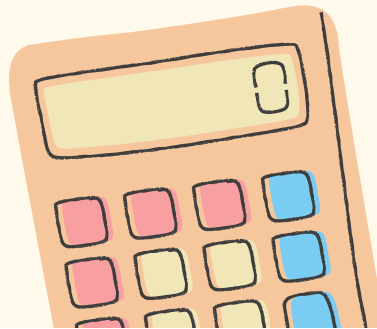
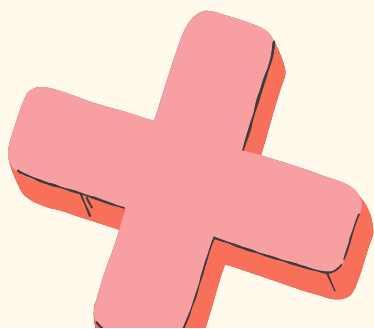
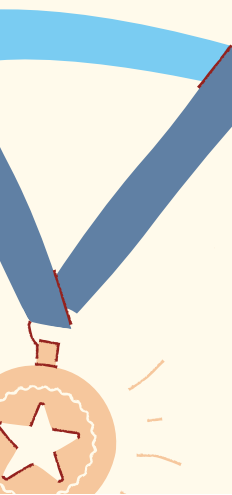


Fun with Mathematics



MATHEMATICS PLAYS A MAJOR
ROLE IN A CHILD'S
DEVELOPMENT AND HELPS
CHILDREN MAKE SENSE OF THE
WORLD AROUND THEM.
STUDENTS CAN BEGIN
UNDERSTANDING BY ACTIVELY
ENGAGING IN TASKS AND
EXPERIENCES DESIGNED TO
DEEPEN AND CONNECT THEIR
KNOWLEDGE.







**CREATING A SYNERGY BETWEEN GAMES AND
LEARNING IS WHAT SHIKSHA IS BEST AT!
OUR TODDLERS LEARN USING ALL FOUR SENSORY
ORGANS, MAKE THE LEARNING EXPERIENCE
UNFORGETTABLE!**



Conversations over a coffee?

COFFEE BREWED FOR YOUR SENSES.

THIS HUMBLE CHERRY HAS HAD A LONG JOURNEY FROM THE LANDS OF ARABIA TO INDIA. COFFEE BEANS ARE CULTIVATED IN COLD REGIONS, RIPEN BERRIES ARE HARVESTED, FERMENTED, ROASTED AND GROUND BEFORE REACHING YOUR CUP. COFFEE IS A BREWED DRINK PREPARED FROM ROASTED COFFEE BEANS, THE SEEDS OF BERRIES FROM CERTAIN FLOWERING PLANTS IN THE COFFEE GENUS, FROM THE FRUIT, THE SEEDS ARE SEPARATED TO PRODUCE A STABLE, RAW PRODUCT.



THOUGH COFFEE IS NOW A GLOBAL COMMODITY, IT HAS A LONG HISTORY TIED CLOSELY TO FOOD TRADITIONS AROUND THE RED SEA. THE EARLIEST CREDIBLE EVIDENCE OF THE DRINKING OF COFFEE IN THE FORM OF THE MODERN BEVERAGE APPEARS IN MODERN DAYS YEMEN FROM THE MID 15TH CENTURY IN SUFI SHRINES, WHERE COFFEE SEEDS WERE FIRST ROASTED AND BREWED IN A MANNER SIMILAR TO CURRENT METHODS. CAFFEINE ALSO HAS A POSITIVE EFFECT ON METABOLISM, WITH STUDIES FINDING THAT INCREASED CAFFEINATED BEVERAGE INTAKE CORRELATES WITH HIGHER BONE DENSITY. THIS MAY BE BECAUSE COFFEE INCREASES THE METABOLIC RATE FOR UP TO FOURTEEN HOURS AFTER DRINKING IT.

